



Promoting Mental Health Awareness

**Cumberland Perry Community Support Program**

Promoting Mental Health Recovery

**Cumberland/Perry Community Support Program**

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**Cumberland/Perry Community Support Program Partners with I'm the Evidence/Mental Health Campaign to Support and Promote Mental Health Recovery**

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Cumberland/Perry Community Support Program has partnered with the I'm the Evidence/Mental Health Campaign (ITE/MH), a grassroots initiative to raise awareness of mental health recovery. ITE/MH celebrates people who are the living Evidence of mental health recovery, as well as those individuals, organizations, and communities that offer support, hope, and opportunity along the way.

Joseph Alex Martin, Chair of the Cumberland/Perry Community Support Program says, "An important part of our mission is to promote both mental health awareness, and recovery, in Cumberland and Perry counties. Our partnership with ITE/MH allows us to continue our work towards achieving that mission."

Launched in 2011 by the Mental Health Association in Pennsylvania (MHAPA) and Support the Journey, the ITE/MH Campaign's goals are to increase awareness that people recover from mental illness; engage individuals, organizations, and communities in the support of recovery; and celebrate people who are the living examples of recovery and those who support them. It counts as its Partners behavioral health, community, and faith-based organizations from across the state.



"Recovery is a personal journey, unique for everyone, and support and encouragement come in many forms," says Sue Walther, Executive Director, MHAPA. "The ITE/MH Campaign is proud to partner with Cumberland/Perry Community Support Program to help it honor and celebrate the recovery journeys of the individuals it serves, as well as the people supporting these individuals."

To learn more about ITE/MH, visit [itecampaign.org](http://itecampaign.org) or call 717-346-0549; Toll Free: 866-578-3659. For more information about Cumberland/Perry Community Support Program visit [www.cspcp.org](http://www.cspcp.org) or call (717)254-6060.

The Cumberland/Perry Community Support Program (CSP) Advisory Committee is comprised of individuals living with mental illness, family members, providers, professionals, and community members who work together as committed equal partners and apply CSP principles to offer hope and assure that every person with a serious mental illness will enjoy the highest possible quality of life. The Committee advises the Cumberland/Perry Mental Health and Intellectual and Developmental Disabilities (MD/IDD) office on how to improve the quality of services and supports, and the Committee facilitates cooperation between providers, community organizations and stakeholders.

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